

芝蘭東街協群社區服務中心 606 Gerrard St East 電話：(416) 466-8842

活動名稱	日期 / 時間	費用	報名/查詢
安居服務 (國粵語)	365 Parliament Street, Unit #306 逢週一,上午 9:00 -下午 5:00 606 Gerrard Street East 逢週二,三, 四,五,上午 9:30 -下午 5:30	免費	416-466-8842 鐘姑娘
主題: 長者健康 本月的話題是多倫多公共健康部 (營養師信息研討會)	2018年3月13日 星期二, 上午 10:00-上午 11:30	免費	416-466-8842 鐘姑娘
閒聚閣耆英生日會	2008年3月20日 星期二, 上午 10:00 -下午 2:00	餐費 \$8.5	416-466-8842 鐘姑娘
簡單英語會話圈	逢週三,上午 10:00 - 上午 11:30	免費	416-466-8842 鐘姑娘
輕鬆椅子上運動	逢週三,上午 11:30 -下午 12:30	免費	416-466-8842 鐘姑娘
長者平板電腦班	逢週五,上午 10:30 -下午 12:00	免費	416-466-8842 鐘姑娘
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家庭支援服務	接受預約	免費	416-466-8842 何姑娘
EarlyON 幼兒活動 主題: 春日三月	每月的第四個星期日下午 1:00-4:00	免費	416-466-8842 何姑娘
春假快樂營	三月 12 - 16 日 10:00-4:00pm	\$40	416-466-8842 何姑娘
春假營課後時間	三月 12 - 16 日 4:00-5:30pm	免費	416-466-8842 何姑娘
協群兒童俱樂部	逢周六 年齡 4-12 歲上午 10 - 12 點	免費	416-466-8842 何姑娘
家長交流俱樂部 主題: 家庭動態與家庭衝突	逢周六 上午 10 - 12 點	免費	416-466-8842 何姑娘
兒童英文數學班	逢周六 年齡 4-12 歲下午 1:30 -3:30	免費	416-466-8842 何姑娘
兒童運動班	逢周六 年齡 4-12 歲 3:30 -5:00	免費	416-466-8842 何姑娘
科技與家庭 - 與年青一代 聯絡/共同成長學習班	逢星期三 365 Parliament 10:00 - 12:00	免費	416-466-8842 何姑娘

Activity Schedule for March 2018

Venue: SEAS Centre Gerrard Centre. 606 Gerrard Street E. Toronto

Tel: (416) 466-8842

Settlement Service	Parliament Office: 365 Parliament Street, Unit #306 Mon 9:00 am - 5:00 pm Gerrard Office: 606 Gerrard Street East Tues Weds, Thur & Fri 9:30 am – 5:30pm	Free	416-466-8842 Cherry
Senior Drop-In Weekly News Health & Wellness related topics	Every Tuesday 10:00 am – 12:00 pm	Free	416-466-8842 Cherry
Senior Birthday Party	Every 3rd Tuesday of the month -- March 20, 2018 10.00 a.m. – 1:00 p.m.	Cost: \$8.5	416-466-8842 Cherry
English Conversation Circle	Every Wednesday 10:00 am – 11:30 am	Free	416-466-8842 Cherry
On Chair Low Impact Group Exercise	Every Wednesday 11:30 am – 12:30 pm	Free	416-466-8842 Cherry
Ipad For Seniors	Every Friday 10:30 am – 12:00 Noon	Free	416-466-8842 Cherry
Family Service Drop-in	Accept appointment	Free	416-466-8842 Shan He
iPad & Smart phone class 4 Parents	Every Wednesday 365 Parliament 10:00- 12:00 am	Free	416-466-8842 Shan He
SEAS March Break Camp	March 12-16 10am – 4pm	\$40	416-466-8842 Shan He
SEAS After Camp	March 12-16 4pm-5:30pm	Free	416-466-8842 Shan He
Free tutorial club for Kids	Every Saturday Age 6-12 1:30 -3:30 PM	Free	416-466-8842 Shan He
Sports club for Kids	Every Saturday Age 3-12 3:30 -5:00 PM	Free	416-466-8842 Shan He
Children's fun club	Every Saturday Age 3-12 10am - 12pm	Free	416-466-8842 Shan He
Parenting exchange club <i>Family Dynamics –Family of Origin</i> <i>Conflicts</i>	Every Saturday 12pm - 1pm	Free	416-466-8842 Shan He
EarlyON Sunday Program March Break Fun	4th Sunday 12pm - 4 pm	Free	416-466-8842 Shan He

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SEAS Centre Vietnamese Program for March 2018

Chương trình Dịch Vụ Dành Cho Cộng Đồng Người Việt (Tháng 3, 2018)

Settlement Services Chương trình định cư cho người Việt giúp điền đơn, thông dịch, xin tiền thất nghiệp, tiền sữa, tiền già, tiền hưu trí, tiền bệnh, tiền trợ cấp xã hội, tiền thuế, nhà chính phủ....	Mon: Thứ 2 9:30 a.m. - 5:30 p.m. tại 606 Gerrard St E Tues Thứ 3 9:00 a.m. - 5:00 p.m. tại 365 Parliament # 306	Free Miễn Phí	416-466-8842 Thuy thuy@seascentre.org or 416-362-1375
Beginner Line Dance Lớp nhảy line dance sơ cấp	Every Monday Mỗi thứ 2 1:00 – 3: 00 pm	Member/Hội viên: Miễn Phí	416-466-8842 Thuy thuy@seascentre.org
Qigong theory class Lớp lý thuyết khí công, hướng dẫn lý luận, kết hợp kiến thức đông y tìm bệnh và chữa bệnh	Every Sunday Mỗi Chủ nhật 10:30 am – 1:00 pm	Free for member Hội viên: miễn phí	416-466-8842 Thuy thuy@seascentre.org
Senior Exercise Club Câu lạc bộ thể dục cao niên Tại 310 Dundas street E Rec Room	Every Monday, Thursday Mỗi thứ 2 và thứ 5 1:00-3:00pm	Free Miễn Phí	416-466-8842 Thuy thuy@seascentre.org
Luc Thong Quyen	7:30-8:30 a.m daily	Free Miễn phí	416-466-8842 Thuy thuy@seascentre.org
Karaoke Club Hát karaoke	Mondays thứ 2 3:00-5:00 P.M	Free Miễn phí	416-466-8842 Thuy thuy@seascentre.org
Settlement and Integration Support Service for Syrian	Wednesdays, Thursday and Fridays	Free Miễn phí	416-466-8842 Thuy thuy@seascentre.org
“Spring Festival” Community Event	March 17/2018 12:00-4:00 P.M	Free Miễn phí	416-466-8842 Thuy thuy@seascentre.org