

2022-2023

ANNUAL REPORT

年報

BÁO CÁO NĂM

TAUNANG ULA



02

HISTORY



S.E.A.S. Centre (SEAS) was established in 1986 to serve primarily the South East Asian population settled in the Regent Park area as a result of the influx of immigrants and refugees arriving in Canada in the years before. It was then known as South East Asian Services Centre, and was funded by the Metro Toronto Housing Authority, Children's Aid Society and the Public Health Department of the City of Toronto. The first Annual General Meeting was held and the first Board of Directors was elected in October 1987.

Initially, SEAS employed only one full-time worker and provided only settlement service and family life education with seconded staff from the service agencies in the neighborhood. Subsequently, services were expanded to respond to the rising needs of the community. New programs such as domestic violence prevention, crisis intervention, family counselling, community and volunteer development, seniors and youth services, mental health promotion, as well as cultural and recreational activities were implemented. Our focused communities have also expanded from the South East Asian community to other ethnic groups.

SEAS underwent dramatic changes in 1995. During the year, it became a member of the United Way of Toronto, and established its first branch office at Toronto East China Town.

In 2001, SEAS reached another milestone by changing its name to Support Enhance Access Services Centre to reflect more appropriately its services and clientele groups. The next year, SEAS added an office location in North York. In 2009, it expanded its services to the City of Markham.

In response to perpetual rising community needs, the S.E.A.S. Foundation was established in 2013 to help SEAS to raise fund to fill service gaps.

A major milestone was reached in 2016 as SEAS purchased its first own business premises. The location has since become the Administration Office and Scarborough Service Centre of the agency.

Today, SEAS is a multi-services not-for-profit organization that renders support to all people in need, regardless of their ethnicity, nationality, gender, race, religion, age or sexual orientation. Our focused community groups are Chinese, Vietnamese and Filipino.



03

MISSION



S.E.A.S. Centre (Support Enhance Access Services Centre) is a charitable social services agency promoting individual well-being, enhancing family harmony, and facilitating community integration in all walks of life through inclusive, accessible, and quality services and programs.

- S - **Support** - Community and vulnerable groups
- E - **Enhance** - Family harmony and resiliency
- A - **Access** - Opportunities and resources
- S - **Services** - People of all backgrounds and needs of all ages

OBJECTIVES



1. To enhance family lives and harmony among all groups in the community through inclusive and accessible programs.
2. To play a contributive role in the building of strong and resilient communities through promoting and facilitating participation and integration of the people.
3. To protect the well-being and strengthen the capacity of self-reliance of the vulnerable groups in the community.

VISION



We envision an inclusive and welcoming community that supports and enables the integration of newcomers, immigrants, and people with special needs into Canada - a home where everyone can flourish and contribute meaningfully.

JOINT MESSAGE FROM THE PRESIDENT AND EXECUTIVE DIRECTOR



At S.E.A.S. Centre, our commitment to serve remained unwavering even during the peak of the pandemic as our doors were always open to serve both in-person and by virtual alternatives. Last year, with the majority of the global population vaccinated, and improved treatments available, we were excited to see more people returning for a wider range of in-person activities including social and recreational inter-actions. We registered close to 500 annual membership which was 3 times more than the year before. In total 1,743 people received our individual support services. Overall, 8,743 people used our services.

We were fortunate to have partnered with multiple community agencies and residents in Scarborough and Toronto Central to not only successfully supporting the community to cope with the pandemic, but also forging a bond that made our community safer and more resilient.

Throughout the year, we extended our services to communities beyond our traditional scope. We were proud to have the opportunities to engage in special projects serving the 2SLGBTQ community, black families, and tenants from the Toronto Community Housing communities.

With the invitation of our partner agencies and local resident groups, we established satellite service stations at St. Jamestown and Parkdale, ensuring that our reach encompassed even more individuals in need.

In our commitment to improving the safety and well-being of those we serve, we expanded our capacity. We secured additional funding for transitional and housing support programs, empowering us to better assist victims of gender-based violence.

None of these accomplishments would have been possible without the dedication and support of the S.E.A.S. Centre Board, its staff members and volunteers. Their contributions and diligence have been instrumental in making this year a resounding success.

As we look to the future, we'll continue to build upon the resilience we have demonstrated, further strengthen the bonds we have forged, and create a community where safety and self-reliance are paramount. Once again, we thank all community stakeholders for their steadfast commitment and support.

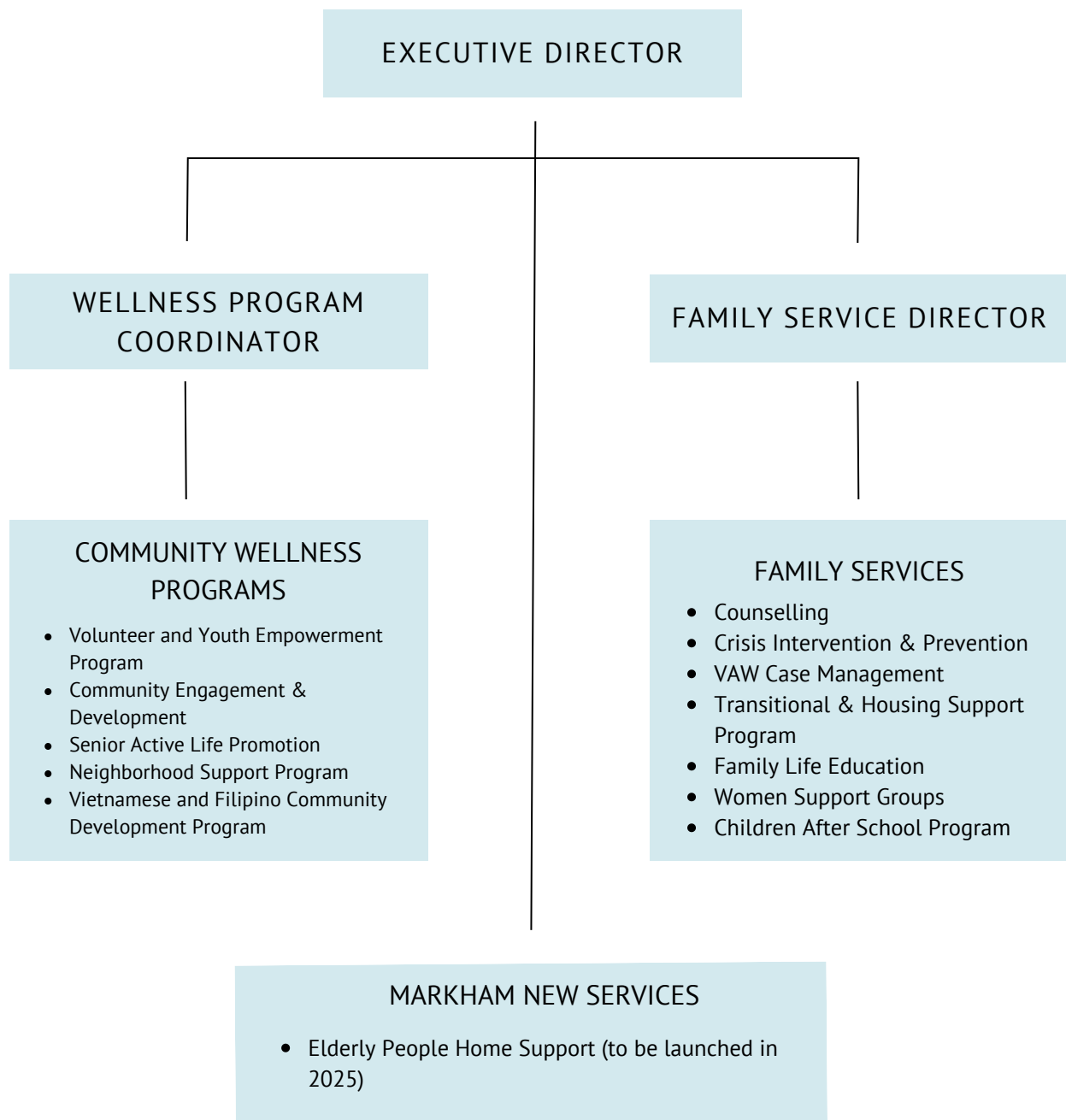
Grayson Lew
President

Richard Lee
Executive Director



05

S.E.A.S. CENTRE ORGANIZATION CHART



06 S.E.A.S. CENTRE BOARD OF DIRECTORS & ADVISORS

2022-2023

We warmly thank and acknowledge the S.E.A.S. Centre Board for their unrelenting dedication and invaluable contribution in shaping and supporting the mission, goals, and strategic directions of the Agency. They have helped ensure that SEAS fulfils its mission, is responsive to the social needs of the community, and maintains fiscal viability.

PATRONS

Hon. Vivienne Poy - Senator (Retired) Ms. Barbara Hall

ADVISORY COUNCIL

Chair of Advisory Council:	Irene So
Legal Advisor:	Herman Pat
Legal Advisor:	Scott Au
Advisor:	Dennis Auyeung
Advisor:	Wilbert Lai
Advisor:	Kenny Wan
Advisor:	Rebecca Lee

SERVICE BOARD DIRECTORS (2022-2023)

President:	Grayson Lew
Immediate Past President & Chair of Community Relations Committee:	Don Ho
VP, Chair of Human Resources Committee:	Connie Lung
VP & Chair of Program Committee:	Steve Sum
Treasurer & Chair of Finance Committee:	Clarence Li
Secretary:	Candy Chan
Board:	Ben Lo
Board:	Jennifer Hua
Board:	Michael Ho
Board:	Robert Yu
Board:	Winnie Kwan
Board:	Xiqin Li
Board:	Yan Chen

07 S.E.A.S. FOUNDATION BOARD OF DIRECTORS

2022-2023

BOARD MEMBERS

Chair:	Michelle Chu
Immediate Past Chair:	Susan Gong
Vice-President & Treasurer:	Edmond Tin
Vice President & Legal Advisor:	Scott Au
Vice-President:	Jade Wang
Vice-President:	Jeff Shi
Vice-President:	Shirley Li
Vice-President:	Sophia Sun
Vice-President:	Stone Yu
Secretary:	Rebecca Lee
Advisor:	Yuen May Wong

Directors:

Amy Li	Connie Lung	Grayson Lew	Li Jiang Li	Minnie Jiang	Tony Jorge
Ben Lo	David Chau	Helen Hu	Lucy Li	Peggy Tse	Tony Liu
Christina Tao	Don Ho	Lenny Wong	May Ly	Teresa Chu	

S.E.A.S. CENTRE STAFF LIST

Executive Director:	Richard Lee
Family Service Director:	Sabrina Luong
Wellness Program Coordinator:	Damita Lee

Social Workers/Community Workers:

Celia Yu	Liem Nguyen	Melody Liang	Shan Zhao
Charlie Li	Ling Ta	Rosetta Lucente	

Student Workers:

Christopher Tran	Gabriel Lau	John Li	Sijia Zheng	Yiqing Qiao
Elaine Liu	Jeffery Wong	Ken'en Xi	Vicky Jin	Zeaj Zamoranos
Evan Huang	Jenette Wu	Ricky Wang	Vincent Gudani	

08 SERVICE REPORTS

FAMILY SERVICE

Our Family Service comprises three main components designed to address various aspects of family well-being and support. In this report, we outline these components and highlight our achievements during the 2022-2023 period.

(1) The Violence Against Women (VAW) Counselling component provides community-based counselling, support, and referral services to women and their dependents who have experienced physical and/or sexual abuse. Our goal is to empower them to lead violence-free lives and assist in the development of personal safety plans to ensure immediate safety and prevent further abuse.

(2) The VAW Transitional and Housing Support (THSP) component focuses on rendering transitional and housing support services to women and their dependents who have faced abuse. We help them connect with essential community resources and assist in finding and maintaining safe housing. Our team works closely with these individuals to develop transitional support plans and safety strategies.

(3) The Family Life Education component promotes family harmony through a range of educational initiatives and mutual support sharing. These activities include workshops on relationship and parenting issues, mutual support groups, individual and family counselling, and after school programs.

During the 2021-2022 period, we were delighted that our service impact was recognized by the Ministry of Children, Community, and Social Services which led to an increase in THSP program funding. With funding support from the Canadian Women's Foundation, we continued to supply relief items to women and girls suffering from poverty and gender-based abuse to deal with the aftermath of COVID. In addition, recreational activities and educational workshops were organized to enhance their physical and mental health.

During the 2022-2023 period, our Family Service achieved the following activities:

Counselling (in-person & virtual)	890 sessions / 231 individuals
Transitional & Housing Support (in-person & virtual)	862 sessions / 211 individuals
Educational Workshops (in-person & virtual)	53 sessions / 447 participant times
Mutual Support Group Sessions (in-person & virtual)	65 sessions / 448 participant times
After School Program (in-person & virtual)	103 sessions / 8,421 participant times

Our Family Service remains dedicated to enhancing the well-being of families and individuals within our community. Through a combination of counselling, transitional support, educational initiatives, and community engagement, we continue to work towards a safer and more harmonious environment for all. We look forward to further progress and positive outcomes in the years ahead.

09 SERVICE REPORTS

COMMUNITY WELLNESS PROGRAM

Our Community Wellness Program is a multifaceted initiative dedicated to enhancing the well-being of our diverse community by fighting poverty, enhancing self-reliance and building community capacity. This report outlines the five key components of the program and provides a summary of the impact achieved in each area.

(1) The Neighborhood Support Program breaks down barriers, fosters community participation, and combats social isolation, especially among newcomers, refugees and immigrants. We offer a range of services, including information and referral, interpretation and translation, application for affordable housing, application for immigrant status and personal identity documents, and supportive counselling in meeting the challenges of everyday life. Additionally, we provide financial empowerment services for low income individuals such as application for social welfare and income benefits, tax filing supports, financial counselling and /or problem solving. During the year, we provided:

Individual Support Sessions (in-person & virtual)	6,439 sessions / 1,679 participant times
Educational Workshops (in-person & virtual)	15 sessions / 425 participant times
Income Tax Supports	229 returns

(2) The Community Development and Volunteer Program focuses on community engagement, capacity building, resources sharing, and volunteer development. We collaborated with community partners to host community events, advocate for equity and access, promote community health and safety with particular focus on COVID, and enhance social development. During the year, we achieved:

Interest and Hobby Groups	91 sessions / 1,078 participants
Volunteers:	114 volunteers contributing 2,265 hours

Major Community Partners: North Scarborough Vaccination Engagement Team, St. Jamestown Corner, Regent Park SDP Network, South Riverdale Community Events Working Group, Auntie Amal Community Centre, D'Care Foundation, Migrante, York Region Mental Health Network, City of Markham Canada Day Working Group, Toronto Police Service – Chinese Community Consultative Committee, etc.

(3) The Youth Community Development Program encourages community engagement, develops leadership and life skills, creates youth employment and volunteer opportunities. In the past year, 70 youths received life skills training opportunities and contributed 1,508 hours of volunteer works. During the summer time, we hired 14 full-time youth workers (age 16 to 21), 25 part-time youth workers (age 16 to 18), and provided 26 volunteer opportunities for young people (age 13 to 15) with financial support from the Federal Government, Toronto Community Housing and Toronto Neighborhood Group.

10 SERVICE REPORTS

COMMUNITY WELLNESS PROGRAM

(4) Our Seniors Program focuses on keeping seniors and retirees active, healthy, and engaged within the community. This initiative bridges intergenerational gaps and supports elderly people and seniors with technology training, health talks, and hobby groups. We also make assuring phone calls, develop mutual support groups, and distribute personal essential items. During the year, we conducted:

Technology Devices Training (in-person & virtual)	208 sessions / 1,590 participants
Interest Groups (virtual)	183 sessions / 4,508 participants
Interest Groups (in-person)	189 sessions / 2,479 participants
Distributed personal essential items to 312 individuals	

(5) The Filipino Community Development Program assists Filipino youth, adults and seniors in various aspects of their lives, including life skills development, human rights & labor rights advocacy, newcomers support at school and workplace, heritage celebration, and community engagement. We offer supportive counselling for everyday life challenges, engage in social movements, support symposiums in raising awareness on human rights issues, organizes educational workshops and recreational activities, etc. Over the last year, we achieved the following activities:

Provided supportive counselling to 150 sessions / 55 individuals
 Organized 15 educational workshops / 168 participants
 Organized 46 sessions of interest groups / 247 participants
 Facilitated 3 symposiums/public conference / 195 participants
 Organized 2 heritage celebration / 150 participants
 Organized 32 community group sharing sessions / 224 participants
 Facilitated 25 outreach sessions
 Engaged 17 volunteers year round to support the program activities.



11

FINANCIAL STATEMENTS

STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS 2022/2023

	2023	2022
REVENUE		
Grants:	596,433	587,951
<i>Government of Canada:</i>		
<i>Service Canada – Summer Job</i>	64,759	68,656
<i>Service Canada – New Horizons</i>	25,000	25,000
<i>Province of Ontario:</i>		
<i>Ministry of Community & Social Services</i>	202,718	202,718
<i>City of Toronto:</i>		
<i>Community Service Partnership</i>	79,551	105,750
<i>Other:</i>		
<i>Canadian Women’s Foundation</i>	58,995	77,911
<i>Canadian Women’s Foundation - Shock Proofing Fund</i>	-	48,000
<i>City of Markham</i>	1,854	-
<i>Toronto Community Housing Corporation</i>	85,727	32,666
<i>Agincourt Community Services Association</i>	58,257	27,250
<i>TNO</i>	14,572	-
<i>Artscape Fund</i>	5,000	-
United Way Greater Toronto	113,022	123,045
Fundraising and donations	72,995	44,922
Member and participation fees and others	28,858	3,995
Fees from provision of services	-	262
Interest income	2,728	-
	<u>814,036</u>	<u>760,175</u>
EXPENSES		
Salaries and benefits	588,237	501,183
Rent and building occupancy	94,160	82,016
Program	49,106	145,827
Office and general	30,818	23,724
Professional fees	29,910	23,746
Occupancy cost - owned premises	9,248	12,380
Mortgage interest	3,124	3,382
Fundraising	2,824	703
Promotion and publicity	808	4,969
Staff travel and training	2,460	2,323
Amortization	11,660	14,806
	<u>822,355</u>	<u>815,059</u>
Excess of revenue over expenses from operations	(8,319)	(54,884)
Other income		
Capital contributions recognized	3,518	3,518
Canada Emergency Wage Subsidy	7,460	73,710
Demutualization Benefit Payment	-	7,483
	<u>10,978</u>	<u>84,711</u>
Excess of Revenue over Expenditures	2,659	29,827
Net Assets, Beginning of year	<u>330,545</u>	<u>300,718</u>
Net Assets, End of Year	333,204	330,545

12

THANK YOU

S.E.A.S. PATRONS, LIFE MEMBERS, AND
VOLUNTEERS

PATRONS: Hon. Vivienne Poy - Senator (Retired) Ms. Barbara Hall

LIFE MEMBERS:

Au, Poly	Dong, Doreen	Li, Liliaceae	Tang, Sally
Au, Scott	Duong, Nga Khanh	Li, Lucy	Tang, Teresa Ming Seen
Auyeung, Emily	Feng, Le Yong	Li, Shirley	Tang, Tony
Bunnat, Yin	Guan, Ron	Li, Steven	Tao, Christina
Butany, Gulab	Han, Lau Kit	Lin, Kam King (Daisy)	Tin, Edmund
Cao, Ruth	Ho, Don	Lin, Nan	Tran, Que Thuong
Chan, Bill	Ho, Michael	Liu, Michael	Tran, Xao Khanh
Chan, Carol	Hong, Kitty	Lo, Ben	Truong, Anh Lien
Chan, Ching Lai	Hu, Helen	Lok, Patrick	Truong, Muoi
Chan, Ellen Kit Wing	Huang, John	Lor, Mary	Tse, Elliot
Chan, Grace	Huang, Kenny	Lu, Mei Lin	Tse, Peggy
Chan, Ha Ling	Hui, Alfred	Luk, Tony	Wan, Haddy Mei Chu
Chan, Kam Ying	Huynh, Van Thi	Lung, Connie	Wan, Mary Wan, Peter
Chan, Sau Chun	Jorge, Tony	Luong, Sai Chau	Wang, Jade
Chan, Siu May	Kuang, Wenqiu	Ly, A Tien	Wang, Yang Hai
Chan, Sugar	Kwan, Crystal	Ly, Elton	Weng, Mary
Chan, Sui Han	Kwan, Winnie	Ly, My	Wong, Fion
Chau, Helen	Kwok, Jenny	Ly, Peter	Wong, Jean
Chau, Mimi	Lacatusu, Ion	Man, Alice	Wong, Linda
Chau, Minh Tai	Lai, Eddy	Man, Wing Y.	Wong, Rosalee
Chen, Sherry	Lai, Wilbert	Ng, Dorothy	Wong, Shuet-Mui
Chen, Tracy	Lau, Peter	Ng, Stella	Yang, Maggie
Cheung, Hiu Tan	Lau, Soi Keng	Ngai Hui, Suk Ying	Yeung, Doris
Cheung, Joyce	Law, Margaret	Nguyen, Thi Tuyet Lan	Yim, Francis
Cheung, Sandy	Le, Van Tu	Rubio, Carlota	Yip, Anna
Choi, Tim	Lee, Henry	Seto, Rita	Yuan, Alex
Chou, Kook Wai	Lee, Rebecca	Shi, Kiki	Zeng, Rui Ling
Chu Ching, Luke	Lei, Yueh Yu	Sin, Fatima	Zhang, Celine
Chu, Michelle	Leung, Mei	Siow, Gin	Zhang, Mia
Chu, Teresa	Leung, Parker	So, Johnny	Zhang, Wei Yan
Chu, Tiana	Lew, Grayson	Sun, Sophia	Zheng, Jin
Chui, Lilian	Li, Anny	Sung, Oichi	Zheng, Ye
Chung, Ginna	Li, Clarence	Tam, Philip	Zhou, Song Zhu
Chung, Yuk Ling	Li, Lawrence Man Kin	Tan, Susan	劉文韜
			周瑞華

13

THANK YOU

S.E.A.S. PATRONS, LIFE MEMBERS, AND
VOLUNTEERS

S.E.A.S. VOLUNTEERS LIST:

2022-2023 S.E.A.S. VOLUNTEERS:

Alquinto, Al Quinn	Gao, Lisa	Liu, Amelia	Thavaseelan, Ajushan
Alyssa	Gao, Ye	Lau, Irene	Trieu, Jayden
Amir, Aliza	Greenlaw, Ryan	Liu, Isabel	Truong, Quoc Cuong
Baño, Christine	He, Sunny	Lu, Kelly	Tsam, Ngoc Anh
Blahuta, Olivia	Ho, Betty	Lucente, Claudine	Wang, Alina
Candace, Bridget	Ho, Bosco	Luo, Yoyo	Wang, Allyson
Cao, Athena	Huang, Evan	Ma, Bettina	Wang, Ricky
Chan, Candy	Iddurot, Mark	Ma, Julian	Wong, Anthony
Chan, Edwin	Indu, Aishani	Ma, Leanna	Wong, Cheuk Kit
Chan, Joshua	Kanna, Asae	Maban, Wilma	Wong, Jeffery
Chan, Wai Ching	Khadka, Abaya	Manalang, Jazz	Wong, Tsz Wai
Chan, Wai Ling	Lara, Aria	Ming, Kitty	Wu, Allison
Chen, Crystal	Lau, Gabriel	Nirmal, Disha	Xi, Ken'en
Chen, Jasmine	Le, Mike	Orhan	Yang, Iris
Chen, Melody	Le, Nga	Qiao, Yiqing	Yu, Jin
Chen, Nick	Lee, Jenny	Quach, Huan Hoa	Zhang, Gigi
Chen, Selena	Lee, Oskar	Quach, Sarah	Zhang, Ken
Choi, Kody	Li, Amy	Ren, Abby	Zhang, Nina
Chowdhury, Julie	Li, Isabella	Ren, Amy	Zhao, Julie
Chu, Agnes	Li, John	Ren, Blue	Zhao, Lynsay
Deng, Michelle	Li, Lucy	Rivera, Mia	Zhen, Cui Ying
Diep, Kelly	Li, Suzanna	Sanket	Zhou, Wasabi
Dong, Alistair	Li, Ui Nan	Shen, Liam	陳永隆
Dong, Ellah	Li, Yi Nan	Shi, Kristy	陳艷虹
Du, Chris	Liang, Feng Zhu	Singer, Chantelle	蔡禮鈞
Estañol, David	Liang, Kelly	Song, Kylan	李漢琦
Fang, Albert	Liang, Kyle	Stephenson, Robert	趙嘉年
Ferrer, Carla Angela	Lin, Jenny	Su, Amber	
Fung, Alex	Lin, Xuan	Sung, Oi Chi	

WE REGRET ANY OMISSION THAT MAY HAVE OCCURRED.

14

ACTIVITY PHOTOS

2022-2023



SEAS 8 Km Walkathon



Summer Camp



SEAS Summer Festival



Filipino Community Workshops



Canada Day - City of Markham

15

ACTIVITY PHOTOS

2022-2023



Senior Talent Show



Children Workshop



Outreach



Annual General Meeting 2021-2022



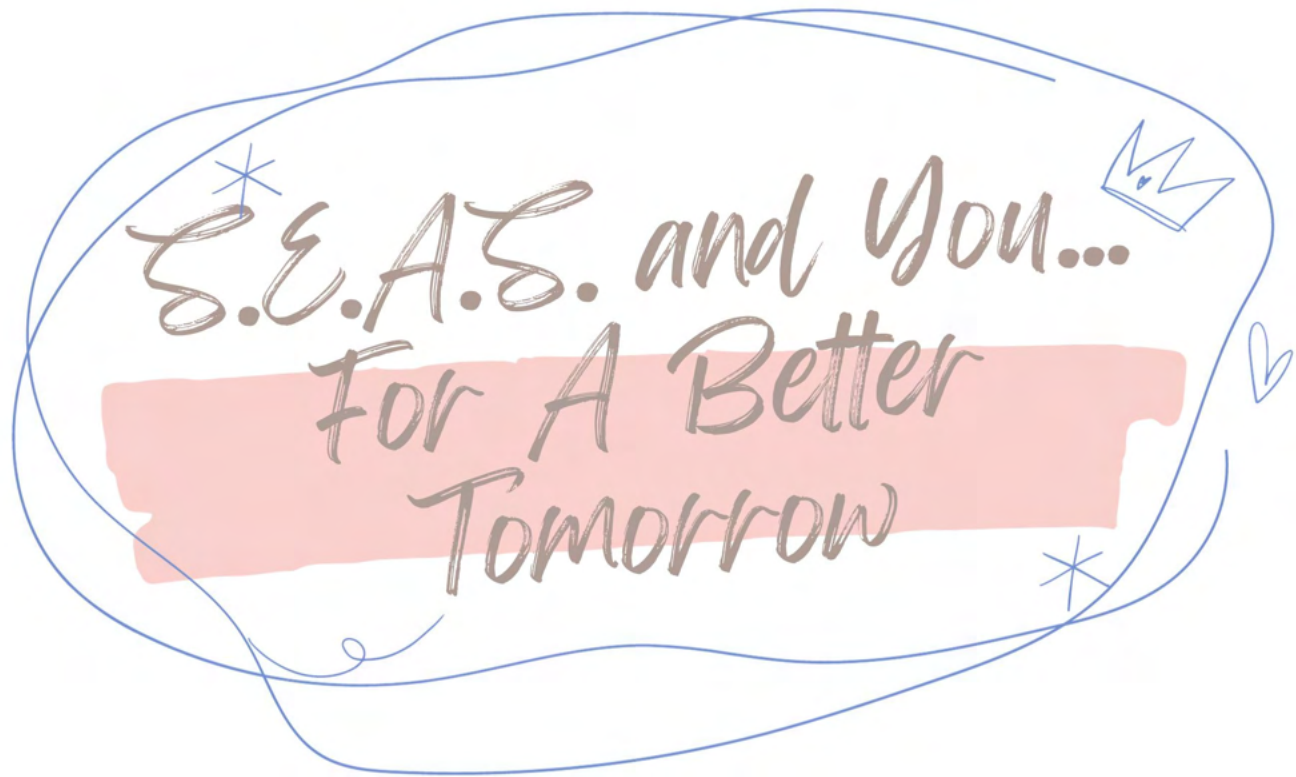
Volunteering



Youth Employment




Interest Class





S.E.A.S. CENTRE OFFICE LOCATIONS:


Head Office	328-4168 Finch Avenue East, Toronto, Ontario, M1S 5H6 (416)-519-5320 / (416)-362-1375
Regent Park Centre	50 Regent Park Blvd., Street Unit 101, Toronto, Ontario, M5A 0L5 (416)-466-8842 / (416)-360-0477
North York Centre	3907 Don Mills Road, Toronto, Ontario, M2H 2S7 (416)-490-6491
Markham Centre	32 South Unionville Ave. Unit 2036 & 2038, Markham, Ontario, L3R 9S6 (905)-305-1808


CONTACT US

 www.seascentre.org

 info@seascentre.org

 facebook.com/seascentre.toronto

 www.youtube.com/user/SEAScentre

 [@seas_centre](https://www.instagram.com/seas_centre)