



NEWSLETTER

DECEMBER 2022 | SEMI-ANNUAL NEWSLETTER

SEASON'S GREETINGS

As 2022 comes to a close, I would like to wish all SEAS members, friends, directors and staff a peaceful and joyous holiday season.

I am delighted to inform you that S.E.A.S. Centre is back to full capacity after 2 years of service interruptions due to COVID restrictions. Our services can now be accessed in person and virtually in all locations. In this connection, I must thank each and every one of you for your continued and precious support.

May 2023 bring new aspirations, friendships and love!

Yours sincerely,

Grayson Lew
President of S.E.A.S. Centre



SHARE YOUR LOVE TO HELP THOSE IN NEED

Your small donation will help SEAS Centre to develop services and programs to support the most vulnerable in the community. A donation of \$20 or more will receive a tax-deductible charitable receipt.

To donate, please visit
<https://seascentre.org/01/donate.php>
or scan the QR code.



SCARBOROUGH OFFICE

4168 Finch Ave E, Unit 328
Toronto, ON M1S 5H6

Phone:
416-519-5320 / 416-362-1375

NORTH YORK OFFICE

3907 Don Mills Road,
North York, ON M2H 2S7

Phone:
416-490-6491

REGENT PARK OFFICE

101-50 Regent Park Blvd
Toronto, ON M5A 0L5

Phone:
416-466-8842 / 416-360-0477

MARKHAM OFFICE

32 South Unionville Ave,
Unit 2036 & 2038
Markham, ON L3R 9S6

Phone:
905-305-1808

ANNUAL GENERAL MEETING



S.E.A.S. Centre had its 2022 AGM on September 16, 2022, in hybrid model. There were more than 15 members who attended the AGM in-person at the SEAS Markham office, and over 40 members registered to attend virtually, which met the quorum. At the AGM, the SEAS Centre Annual Report and Audited Financial Statements were presented to and approved by the agency members.

SERVICE BOARD DIRECTORS

2022-2023:

Grayson Lew, President
Connie Lung, Vice-president & Chair of Human Resources Committee
Steve Sum, Vice-president & Chair of Program Committee
Clarence Li, Treasurer & Chair of Finance Committee
Candy Chan, Secretary
Don Ho, Immediate Past President & Chair of Community Relations Committee
Winnie Kwan, Board
Michael Ho, Board
Ben Lo, Board
Xiqin Li, Board
Jennifer Hua, Board
Robert Yu, Board
Yan Chen, Board

You may find the annual report by clicking [here](#) or the photo below.



MID-AUTUMN ARTS JAM



S.E.A.S. Centre hosted a Mid-Autumn Arts Jam event in Regent Park on September 9, 2022, under funding from the Daniels Spectrum Summer Series project. The event was held in the outdoor courtyard area of Daniels Spectrum. The objective of the event was to encourage and engage Regent Park residents in outdoor activities and to facilitate social participation and connection of the residents to the community, while also get to know and celebrate Mid-Autumn Festival together.

More than 140 residents attended and participated in the event, and more than 10 youth and adults volunteered to lead and coordinate the activities and performances.

At the event, there were balloon twisting, lantern making and riddles game for people of all age groups. There were also multicultural performances, such as Bollywood Dance, African cultural dance, Hip Hop dance, Qipao Show, Xinjiang Dance, Chinese Musical Instruments Performance, and Vietnamese singing performances.



SEAS CHARITY GALA



On October 15, 2022, SEAS Foundation hosted the annual charity gala, which had paused for two years due the pandemic, at the Markham Hilton Suite Hotel. This year, the event was sponsored by Hildebrand Garden (Title Sponsor), Altec Global (Platinum Sponsor), Trulife (Diamond Sponsor), and other Gold and Silver Sponsors.



The event started at 7:00pm and ended at 10:30pm. The event was kicked off by a march of VIPs and Board of Directors from SEAS Foundation and S.E.A.S. Centre, followed by the National Anthem.

There were two feature performances - harp performance by Vivian Chu and Miranda Wong, and Filipino cultural dance performed by the Culture Philippines Ontario. There were also charity singing and musical instrument performances along the night. The dance floor was opened up for guests to dance and enjoy the night.

There were over 400 who enjoyed an evening of warm friendship, delicious food, and fun-filled entertainment, and raised over \$120,000.

Thank you to all who sponsored, donated and supported the event.

SEAS CHARITY GALA



ABOUT SEAS FOUNDATION

SEAS Foundation is mandated to fundraise to support S.E.A.S. Centre. Every year, SEAS Foundation conducts two fundraising events to support S.E.A.S. Centre in delivering non-government funded projects and services. Some past fundraising events and campaigns include: Annual Gala, TV Live Show, Private Kitchen, Golf Tournament and Online Singing Performances. Visit SEAS Foundation website at www.seasfoundation.ca to get to know more about SEAS Foundation.

SEAS FOUNDATION BOARD 2022-2023

- Michelle Chu, Chair
- Edmund Tin, Vice-President & Treasurer
- Scott Au, Vice-President & Legal Advisor
- Gin Siow, Vice-President
- Sophia Sun, Vice-President
- Shirley Li, Vice-President
- Jade Wang, Vice-President
- Jeff Shi, Vice-President
- Stone Yu, Vice-President
- Rebecca Lee, Secretary
- Susan Gong, Immediate Past Chair & Director
- Lenny Wong, Director
- Henry Lee, Director
- Teresa Chu, Director
- Lili Jiang, Director
- May Ly, Director
- Lucy Li, Director
- Grayson Lew, Director
- Sherky Ng, Director
- Amy Lu, Director
- Ben Lo, Director
- Celine Zhang, Director
- Christina Tao, Director
- Connie Lung, Director
- Don Ho, Director
- Helen Hu, Director
- Peggy Tse, Director
- Tony Jorge, Director
- Tony Liu, Director
- Wenqiu Kuong, Director

8 KM WALKATHON



On October 1, 2022, S.E.A.S. Centre hosted an 8km Walkathon event, which has become an annual fundraising event of S.E.A.S. Centre since 2019. This year, the 5km walkathon took place at the Finch Corridor Recreational Trail. There were over 50 participants. Participants gathered together at 10am and completed a round trip of 8km that lasted for around 2 hours. In total, we have raised over \$11,000.



SEAS S.E.A.S. CENTRE United Way
協群社區服務中心

Come walk with us to raise funds!
All ages welcome!

Join us!

**2022 S.E.A.S.
8km Walk-a-thon
Finch Recreational Trail**

Saturday, October 1 @ 10am

Start Line: Finch Station East
Parking Lot (Willowdale entrance)

FREE PARKING

To register for the Walkathon,
please call S.E.A.S. Centre: 416-519-5320

Please visit "https://seascentre.org" for more information

請支持協群社區服務中心!
歡迎任何人士參加步行籌款活動!

齊來參與
**2022 協群
八公里步行籌款**

10月1號 (星期六) 早上10時

集合及起步地點: Finch地鐵站, 東面
停車場 (Willowdale入口)

FREE PARKING

如欲報名參加步行籌款活動,
請致電協群社區服務中心 416-519-5320

如欲詳情, 請瀏覽: https://seascentre.org



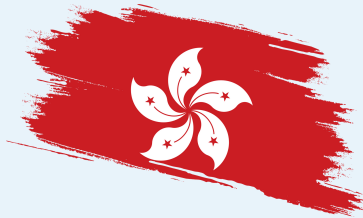
NEW PROGRAMS

HONG KONG SETTLEMENT PROGRAM

S.E.A.S. Centre has launched a Hong Kong Settlement program to serve newcomers from Hong Kong by designing and delivering programs and services that support their integration.

Assimilation in a new country needs a lot of courage and it could be tough especially in the very beginning. S.E.A.S. Centre is here to help. Through programs and activities, we hope to gather newcomers from Hong Kong to share experiences together and to form supportive relationships.

Contact Charlie at 416-466-8842/416-490-6491 for more details.



Please click this [link](#) or the photo above for the Canada Ontario Settlement Guide sponsored by S.E.A.S. Centre

LGBTQ2+ VACCINATION PROJECT

In November, S.E.A.S. Centre partnered with St. James Town Community Corner in the LGBTQ2+ Vaccination Project. The project was intended to share and deliver relevant information to the LGBTQ2+ community to support their decision making and remove any barriers in getting vaccinated. Two of the staff have become the Ambassador of the project to deliver information targeted the International students, LGBTQ2+ and the Vietnamese and Filipino communities.

SHARING FROM LIEM (VIETNAMESE AMBASSADOR)

As an ambassador promoting health and Covid-19 Vaccine, We reached out to the St. James Town neighbourhood including the the senior building on Bleecker street. We provided Door to door flyer distribution about the available resources. We also did outreach at TNL zone where a lot of Vietnamese gathered to socialize and mingle. From there we collected information about anything relating to health including Covid-10 Vaccine, sexual health, mental health, and family doctor issues to figure out the solutions and any program that can support the clients. Finally, we created and conducted an online survey to determine the next steps .



CHRISTMAS WISH 2022

The CHUM Christmas Wish is a program delivered by the Bell Media Family and processed by Child & Youth Winter Gift Program, for eligible families that reside in the City of Toronto. The Christmas Wish program is one of the largest distributors of toys to children in need in the Greater Toronto Area and also provides financial assistance to hundreds of agencies.

S.E.A.S. Centre is one of the participating agencies to distribute toy assistance to those in need during the holiday season.

This year, S.E.A.S. Centre has served over 90 families of more than 190 kids and teenagers in total. It is worth mentioning that we have extended the program to the black community.



UPCOMING EVENTS

LUNAR NEW YEAR CAKES

CHARITY SALE 2023

The Lunar New Year is around the corner. Get ready for the Lunar New Year and share the delicious cakes made by professional chef with your families and friends. By purchasing our Lunar New Year cakes, you are also supporting our programs and services to help those in need and crisis.

The cakes come in boxes. This year, we are selling the following cakes: Taro cake, Pumpkin cake, Turnip cake, Rice cake, Sesame cake, and Water Chestnut cake. (see the photo on the right for more details). Contact the office to order by Jan 11, 2023.

LUNAR NEW YEAR CAKES CHARITY SALE 新春年糕義賣 2023

每盒\$14 per box Taro cake 芋頭糕 Pumpkin Cake 南瓜糕 Turnip cake 蘿蔔糕	
每盒\$12 per box Rice cake 年糕 Sesame cake 芝麻糕 Water Chestnut Cake 馬蹄糕	

Order Deadline 訂購截止日期:
January 11, 2023
Pickup date 取貨日期:
January 18, 2023

Contact and Pick up locations 聯絡及取貨地址:
Scarborough office Tel: 416-519-5320 4168, Finch Ave, East, Unit 328, Scarborough, ON M1S 5H6
Regent Park Office Tel: 416-464-8842, 101-50 Regent Park Blvd, Toronto, ON M5A 0L5
North York Office Tel: 416-490-4491, 3907 Don Mills Road, Toronto, ON M2H 2J7
Markham Office Tel: 905-305-1808, 32 South Unionville Ave, Unit 2036 & 2038 Markham L3R 9S6

SEAS S.E.A.S. CENTRE
協群社區服務中心 United Way Greater Toronto

FOLLOW OUR SOCIAL MEDIA

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YouTube: www.youtube.com/user/SEAScentre