



NEWSLETTER

Semi-annual Newsletter | Winter 2025 | S.E.A.S. Centre

CONTENT IN THIS ISSUE

Message from the
Executive Director

Outreach Work

Annual General Meeting

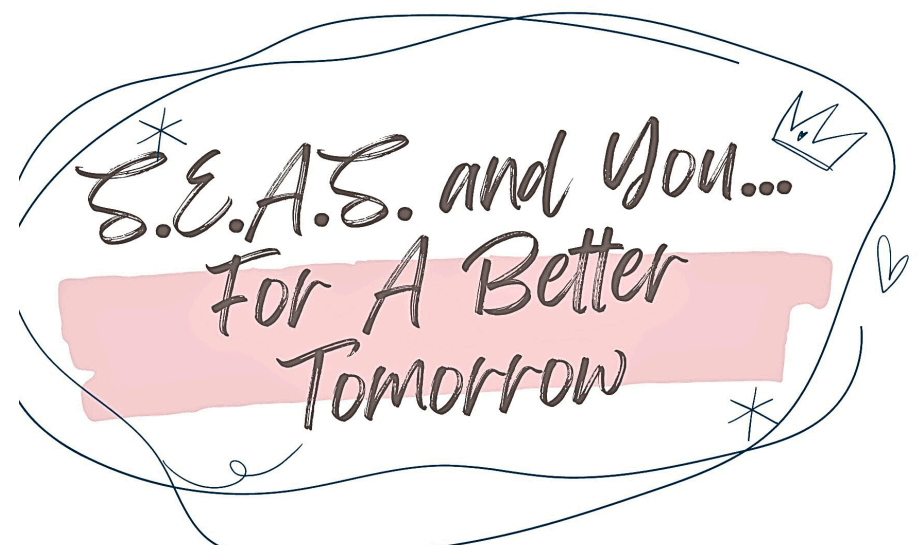
SEAS 8KM Walkathon

SEAS Charity Gala and Golf
Tournament

Youth Mentorship Program

Renovation Work - Funded
by the Ontario Trillium
Fund

Upcoming Events



MESSAGE FROM THE EXECUTIVE DIRECTOR

BY RICHARD LEE

As we welcome the new year, we pause to reflect on the meaningful progress we've made together with our service users, community members and volunteers over the past year. At S.E.A.S. Centre, our commitment to empowering those in need has been at the heart of everything we do. Together, we have supported newcomers and individuals facing multiple barriers, helping them achieve self-reliance and improving their quality of life through a range of services, including supportive counselling, educational workshops, group learning, and social engagement activities. We are proud of our strides in supporting and uplifting our community.

One of our core achievements over the year was fulfilling our mission to prevent intimate partner violence and provide crucial support to victims and survivors. This effort remains central to our vision, and we are delighted to have made meaningful progress in this vital area of work.

In alignment with our mission, we have continued to implement a family-centered social service model, which places the family at the heart of intervention and support. We recognize the family as the fundamental unit that shapes the well-being of individuals, and as such, we've designed programs that address the diverse needs of families while acknowledging the interconnectedness of each family member's challenges. Through this approach, we've empowered families to strengthen their bondings, improve their functioning, and build a more stable future. In 2024, we continued to expand our reach beyond our core communities of Chinese, Filipino, and Vietnamese populations to impact a broader segment of the community.

--> Continue next page...



MESSAGE FROM THE EXECUTIVE DIRECTOR (CON'T)

Through partnerships with organizations like Toronto Community Housing (TCHC) and The Neighbourhood Group, we have extended our services to TCH tenants, focusing on programs that are employment-oriented and targeted at youth and adults facing barriers to securing sustainable employment. Through these programs, we've raised awareness about critical social issues, such as human trafficking, fostered stronger social engagement within the community, and promoted personal well-being by encouraging practices such as self-care and resilience building.

Our efforts also targeted youth empowerment, including a key partnership with CISCO, where we provided mentorship and shared valuable knowledge to young individuals eager to pursue careers in IT or with global corporations. These partnerships are just one example of how we are fostering a new generation of leaders equipped with the skills, knowledge, and networks to thrive in an ever-changing world.

Looking ahead, I will retire very soon. We are committed to supporting new leadership within our organization—capable, passionate, and responsive leadership to strengthen further the development of our family services and meet the intergenerational needs in our communities. We aim to create a sustainable leadership model that balances the benefits of stability with the necessity of growth and adaptation in the face of societal changes, particularly in identifying new opportunities and embracing innovations.

We are excited for what the year ahead holds and are eager to continue building on the success we've achieved. Together, we will face new challenges, seize new opportunities, and continue to make a meaningful difference in the lives of those who need it most.

Thank you for your continued support, and we look forward to another year of progress and transformation.



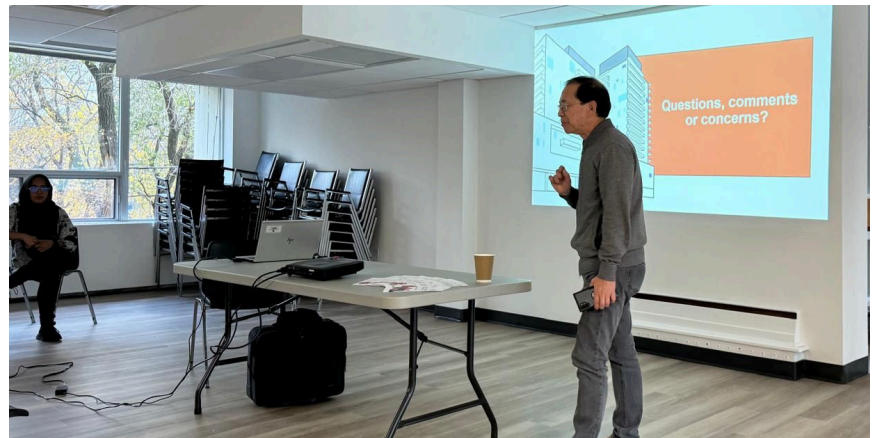
OUTREACH WORK



Promoting self-care workshop to young girls,
in collaboration with TCHC



Promoting SEAS services and
programs to different communities



Promoting senior welfare and services, in
collaboration with TCHC



Promoting community safety with particular focus on intimate partner violence, in
collaboration with Toronto Police Service 33 Division

ANNUAL GENERAL MEETING

SEPTEMBER 20, 2024 | @ SEAS MARKHAM CENTRE



S.E.A.S. Centre held its 2023-2024 Annual General Meeting (AGM) on September 20, 2024. Like the previous year, the AGM was conducted in a hybrid format. This year, the event saw over 25 members attending in person and more than 70 joining online. During the meeting, the S.E.A.S. Centre's service report and audited financial report were presented, and the Board of Directors for 2024-2025 was officially elected.



Click [here](#) or the photo above to view our 2023-2024 annual report

Service Board Directors 2024-2025:

Connie Lung, President

Winnie Kwan, Vice-president & Chair of Human Resources Committee

Steve Sum, Vice-president & Chair of Program Committee

Clarence Li, Treasurer & Chair of Finance Committee

Candy Chan, Secretary

Grayson Lew, Immediate Past President

Don Ho, Director

Michael Ho, Director

Ben Lo, Director

Xiqin Li, Director

Jennifer Hua, Director

Robert Yu, Director

Yan Chen, Director

SEAS 8KM WALKATHON

OCTOBER 19, 2024 | @ FINCH RECREATIONAL TRAIL



On Saturday, October 19, 2024, S.E.A.S. Centre hosted a 8km walkathon to raise funds for its programs and services at the Finch Recreational Trail. It was supported by our board directors, staffs, service users and volunteers.

It was a sunny day and there were more than 40 participants who joined the event. We raised over \$6000. Thank you for everyone who participated, supported and donated to the event.



SEAS CHARITY GALA

NOVEMBER 9, 2024 | @ HILTON TORONTO/MARKHAM SUITE



SEAS CHARITY GOLF TOURNAMENT

JULY 18, 2024 | @ CARDINAL GOLF CLUB



SEAS Foundation --- Board Directors 2024-2025:

Michelle Chu, Chair
Edmund Tin, Vice-President & Treasurer
Scott Au, Vice-President & Legal Advisor
Sophia Sun, Vice-President
Jade Wang, Vice-President
Stone Yu, Vice-President
David Chau, Vice-President
Rebecca Lee, Secretary & Advisor
Lenny Wong, Director
Teresa Chu, Director
May Ly, Director
Shirley Li, Director
Peggy Tse, Director
Don Ho, Director
Tony Liu, Director
Minnie Jiang, Director
Maggie Yang, Director
Arthur Yu, Director
Laila Deng, Director
Richard Lee, Executive Director



YOUTH MENTORSHIP PROGRAM

NOVEMBER 15, 2024 @ CISCO

S.E.A.S. Centre and Cisco Co-host Youth Mentorship Event at Cisco to Empower the Next Generation of IT Professionals

S.E.A.S. Centre, in collaboration with Cisco, co-hosted a Youth Mentorship Event on November 15, 2024, at Cisco's Tech Hub for 45 pan-Asian youth from the Greater Toronto Area. The event aims to empower young individuals by providing them with valuable insights into careers in Information Technology (IT), while fostering a sense of community and inclusion.

The event aligns with both the S.E.A.S. Centre's vision and Cisco's commitment to an inclusive future for all. By connecting youth with industry professionals, the event provides them with hands-on experiences, mentorship, and practical knowledge to help guide their future career paths in technology.

S.E.A.S. Centre is dedicated to fostering community engagements and connections, believes in the power of collaboration and mentorship. With a focus on inclusivity, the Youth Mentorship Event brought together young people from diverse backgrounds to engage directly with professionals at one of the world's leading technology companies. -> Continue next page



YOUTH MENTORSHIP PROGRAM

NOVEMBER 15, 2024 @ CISCO

... “We are honoured to offer our youth the opportunity to explore the world of IT and learn from the best in the industry,” said Jennifer Kwan, Deputy Executive Director of S.E.A.S. Centre. “This event not only provides valuable career guidance but also strengthens the bonds within our community, encouraging the next generation of pan-Asian talent to envision and pursue careers in technology.”

Cisco’s purpose, “to power an inclusive future for all,” resonates deeply with the goals of the event. The company’s diverse ecosystem, including its Pan-Asian employee network, CAAN (Cisco Asian Affinity Network), is committed to advocating for pan-Asian talent, amplifying cultural pride, and fostering social justice in the workplace.

Throughout the day, youth participants had the chance to connect with Cisco’s professionals, learn about various roles within the IT industry, and gain valuable insights on how to pursue a successful career. Overall, the event was an invaluable opportunity for them to engage with role models, ask questions about career paths, and gain a deeper understanding on how to grow and become a better person.

This mentorship event is just one of many ways that S.E.A.S. Centre and Cisco are committed to empowering youth and women. Moving forward, both organizations plan to continue collaborating on initiatives that promote diversity, equity, and inclusion, with a focus on education, mentorship, and career development through the STEM (Science, Technology, Engineering and Mathematics) approach.



RENOVATION WORK - FUNDED BY THE ONTARIO TRILLIUM FOUNDATION

WINTER 2025 @ SEAS SCARBOROUGH CENTRE

We are excited to announce the completion of the renovation work at the S.E.A.S. Centre in Scarborough. This project was made possible through the generous funding of the Ontario Trillium Foundation. We would like to take this opportunity to express our sincere gratitude for their invaluable support and contribution.

As a result of these renovations, we have enhanced the confidentiality and privacy of those accessing our services, a key improvement that we believe will encourage even more individuals to take advantage of the support we offer.

Additionally, the upgraded venue facilities now feature improved soundproofing, enabling us to host multiple activities simultaneously and better serve our community.



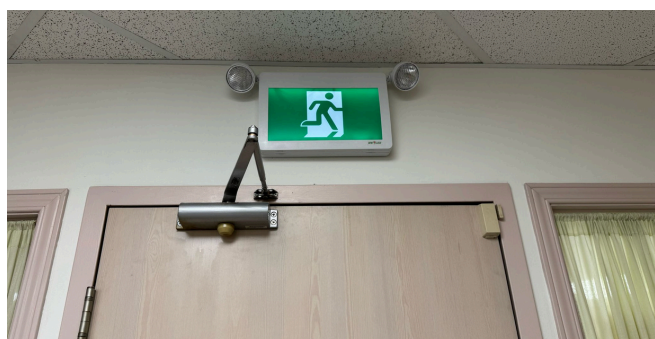
Interview Room 1 with New Emergency Light



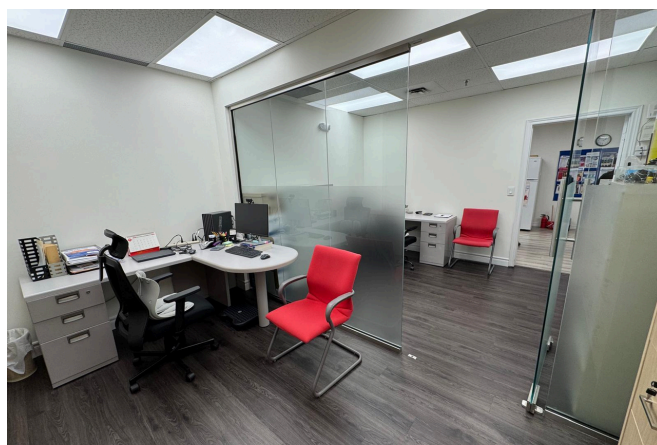
Sound Proof Professional Looking Glass Partition Separating Two Rooms



Interview Room 2 with Wall-mounted Cabinet



Installation of New Emergency Light



Installation of Sound Proof Dry Walls

UPCOMING EVENTS



SEAS S.E.A.S. CENTRE 協群社區服務中心

SEAS LUNAR NEW YEAR LUNCHEON

「金蛇迎春賀新歲」

協群新春午宴

日期 Date: 2025年2月13日 (星期四)
Thursday, February 13, 2025

時間 Time: 11:45am

地點 Location: 士嘉堡華麗宮大酒樓 Grandeur Palace
2301 Brimley Road, #128, Scarborough, ON M1S3L6

費用 Fee: 每位 \$20 per guest (會員 Member)

美酒佳餚 社區共聚 精彩遊戲 歡度新春 幸運抽獎
Time of Gathering, Fun Games and Lucky Draw to Celebrate

有意參加者請聯絡以下就近的協群中心 | 名額有限, 請儘早報名
Contact your nearest SEAS Centre to register | Limited capacity, first come first serve

<p>協群士嘉堡中心 (Scarborough Centre)</p> <p>328-4168 Finch Ave E, Toronto, ON M1S 5H6</p> <p>電話 Phone: 416-519-5320</p>	<p>協群北約克中心 (North York Centre)</p> <p>3907 Don Mills Road, North York, ON M2H 2S7</p> <p>電話 Phone: 416-490-6491</p>
<p>協群麗晶園中心 (Regent Park Centre)</p> <p>50 Regent Park Blvd, Street unit 101, Toronto, ON M5A 0L5</p> <p>電話 Phone: 416-466-8842</p>	<p>協群萬錦中心 (Markham Centre)</p> <p>32 South Unionville Ave, unit 2036, Markham, ON L3R 9S6</p> <p>電話 Phone: 905-305-1808</p>



SEAS S.E.A.S. CENTRE 協群社區服務中心

United Way Greater Toronto

WISE Women in Science and Engineering Inclusive Community

{A Day in Tech} Mentorship Tour

{科技界的一天} 體驗之旅

為慶祝國際訊息通訊年輕女性日而設的生涯規劃團, 讓你探索不同的選擇
Mentorship designed to celebrate "International Girls in ICT Day", for you to discover your career paths

08:30 — Meet up @ Regent Park 在麗晶園中心集合

09:00 — Event begins 到達並開始活動

15:00 — Event ends 活動結束

4月24號 April 24

歡迎 14 至 20 歲之青少年人士報名參加, 鼓勵女生優先參與
Open to youth aged 14-20, with priority given to girls

Meet-up & Dismissal Location #1 集合及解散點
協群麗晶園中心 SEAS Regent Park
50 Regent Park Blvd., St. Unit 101, Toronto, M5A 0L5

Event Location 活動地點:
多倫多思科公司 Cisco Toronto,
88 Queens Quay West, Suite 2900, Toronto, ON M5J 0B8

Free Lunch 免費午餐 AI Workshop 人工智能工作坊
Free Transit 車票免費 Panel Talk 行內見解
Innovation Centre Tour 參觀研發中心

名額有限 請即報名 sign-up now

jeffery@seascentre.org

Scarborough 士嘉堡 (416) 519-5320 Jennifer	Regent Park 麗晶園 (416) 466-8842 Melody	North York 北約克 (416) 490-6491 Shan	Markham 萬錦市 (905) 305-1808 Damita
---	---------------------------------------	------------------------------------	-----------------------------------


CONTACT US


 www.seascentre.org

 [@seascentre](https://www.instagram.com/seascentre)

 info@seascentre.org

Scarborough Office

 328-4168 Finch Ave E, Toronto, ON M1S5H6

 416-519-5320

North York Office


 3907 Don Mills Rd, North York, ON M2H2S7

 416-490-6491

 www.youtube.com/user/SEAScentre

 www.facebook.com/seascentre.toronto

Regent Park Office

 101-50 Regent Park Blvd, Toronto, ON M5A0L5

 416-466-8842

Markham Office

 2036-32 South Unionville Ave, Markham, ON L3R9S6

 416-466-8842